Content Overview



Each skill is included in at least one or more of VRNA's scenarios. VRNA content meets or exceeds skills included in nursing assistant certification testing for over 80% of the US.

📈 Ambulation Assist (Cane) Height and Weight Ambulation Assist (Crutches) Indirect Care Ambulation Assist (Walker) Making an Occupied Bed Assist with Anti-Embolism Stockings Making an Unoccupied Bed \nearrow Bed Bath $\sqrt{}$ Massage Back 📝 Bedpan Assist Meal Assist $\sqrt{}$ Measure Intake and Output Catheter Care Mouth Care Conscious Collect Urine Sample Mouth Care Unconscious / Denture Care Nail Care

Obstructed Airway

Passive Range of Motion

- Positioning Side ✓ Pulse and Respiration √ Shaving
- Temperature (Axillary) Temperature (Oral)
- Temperature (Tympanic) **Transfer Assist Urinal Assist**

Meet VRNA's Residents:

These are the people VRNA trainees will be providing care to. VRNA features a diverse and inclusive group of residents, hand-selected to reflect who a nurse assistant will work with daily.



/ Dressing

/ Hand Hygiene & Gloving

Rose Red 76; They identify as White and non-binary



Lu Lin 84; He identifies as an Asian male



Barbara Brooks 89; She identifies as a Black female



Orville Owens 73; He identifies as a White male



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Content Overview



Scenario 1: Vitals and Passive Range of Motion

Resident: Lu Lin

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Blood Pressure, Pulse & Respiration,

Passive Range of Motion, Catheter Care

Scenario 2: Denture Care and Partial Bed Bath

Resident: Rose Red

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Denture Care, Bed Bath, Perineal Care

Scenario 3: Specimen Collection

Resident: Rose Red

Skills Covered: Hand Hygiene, Indirect Care, Temperature (Oral), Bedpan Assist, Collect Urine Sample, Positioning

Side, Massage Back

Scenario 4: Measure Intake and Output

Resident: Rose Red

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Temperature (Auxiliary), Ambulation Assist (Cane), Meal Assist,

Measure Intake and Output

Scenario 5: Shower and Grooming

Resident: Barbara Brooks

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Shower Assist, Nail Care, Assist with Anti-Embolism Stockings

Scenario 6: Personal Care

Resident: Lu Lin

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Urinal Assist, Mouth Care Conscious, Shaving, Temperature

(Tympanic), Ambulation Assist (Crutches)

Scenario 7: Meal and Choking Response

Resident: Orville Owens

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Ambulation Assist (Walker), Height & Weight, Meal Assist,

Making Unoccupied Bed, Obstructed Airway, Pulse and Respiration, Transfer Assist, Positioning Supine

Scenario 8: Unconscious Care

Resident: Lu Lin

Skills Covered: Hand Hygiene & Gloving, Indirect Care, Mouth Care (Unconscious), Bed Bath, Making an Occupied Bed



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